



# GATORADE

## G SERIES FIT

### PRODUCT DESCRIPTION

To help fitness athletes get the most out of their bodies, Gatorade has created G Series FIT— a new line of products including G Series FIT 01 Prime, G Series FIT 02 Perform and G Series FIT 03 Recover— developed specifically for fitness-minded individuals to provide fuel, fluid and nutrients before, during and after a workout, training session or activity. Each product in the series was inspired by fitness athletes and designed by Gatorade.

### G SERIES FIT 01 PRIME

G Series FIT 01 Prime is a specialized pre-workout fuel in the form of small energy bites designed to give you a smart, delicious way to prepare for your workout by providing nutrients for your body and carbohydrates to help you get the most out of your workout, without feeling too full.

**CARBOHYDRATE:** 27 grams of carbohydrates from sources including fruit (per package)

**PROTEIN:** 6 grams of whey protein (per package)

**CALORIES:** 50 calories (per piece)

**FLAVORS:** Banana Nut Chocolate, Cranberry Pistachio and Cinnamon Raisin Flax

### G SERIES FIT 02 PERFORM

G Series FIT 02 Perform is a lightly flavored electrolyte drink designed to maintain hydration more efficiently than water. G Series FIT 02 Perform helps to replace the fluid and electrolytes lost in sweat while invigorating your senses to keep you pushing through your workout without weighing you down.

**ELECTROLYTES:** 110 milligrams of sodium and 30 milligrams of potassium (per serving)

**CALORIES:** 10 calories (per serving)

**FLAVORS:** Mango Passionfruit, Melon Pear and Acai Blueberry



### AVAILABILITY

Available nationwide at drug, mass and grocery store retailers.

### G SERIES FIT 03 RECOVER

G Series FIT 03 Recover is a refreshing, fruit-based smoothie designed to help restore your body after a workout through a blend of protein (12g), carbohydrates (14g) vitamins and minerals.

**PROTEIN:** 12 grams of protein (per serving)

**VITAMINS:** Contains some real fruit juice, calcium and vitamin D (50%)

**CARBOHYDRATE:** 14 grams of carbohydrate (per serving)

**CALORIES:** 120 calories (per serving)

**FLAVORS:** Mixed Berry, Mango Pineapple and Strawberry Banana